



WEEK 1: Animal Habits & Habitats (optional weekly schedule)

	Day 1	Day 2	Day 3	Day 4	Day 5
<i>Seasonal Song</i>	To the Child, A Celebration of Seasons	To the Child, A Celebration of Seasons	To the Child, A Celebration of Seasons	To the Child, A Celebration of Seasons	
<i>Weekly Inquiry</i>	Nature's Wonders, p. 72				
<i>Emotional Intelligence</i>		AWB of Feelings, p. 92	I Heard Your Feelings	Breathe Like a Bear, pp. 3–5	
<i>Lit & Poetry</i>	Daytime Nighttime & Sorting Game	Outside Your Window, p. 59	Daytime Nighttime & Sorting Game		
<i>Art</i>		Art Lab, p. 134			
<i>Math</i>			Preschool Math, 1.1, p. 21	Socks Like Pants, p. 9–12	
<i>Science</i>				Little Bit of Dirt, p. 26	
<i>Connection Project</i>	My Habitat				
					Field trip day

Plan extensions and add supplies to your weekly list

Week 1 Learning Partner Prep

Read *Goodnight Songs: A Celebration of the Seasons*, introduction, and *Preschool Math at Home*, pp. 9–20. Read *Socks Are Like Pants, Cats Are Like Dogs*, pp. 5–8. Remove and laminate the Torchlight Feelings Chart and badges. Have sticky-tack ready to attach each emotion to the chart weekly.

Week 1 Activity Supplies

Art: branch with at least one Y structure, assorted yarn, found nature items (optional)

Math: scissors, photocopy of pp. 10–12 (optional if you want to preserve the book), five small toys

Science: Sticks, glue, colored yarn or embroidery thread, scissors

Connections: watercolor paper (16–18 sheets), hole punch, crayons or paints, yarn, camera





Week 1—Checklist

Animals Habits & Habitats

Field Trip Opportunity

Zoo, animal sanctuary,
observational nature walk

Seasonal Song

Read, then listen to “To the Child” in *A Celebration of the Seasons*

The current song can become part of your opening routine each morning or your bedtime routine each night until a new song is scheduled. Read more about neuro and developmental benefits of music in Pre-K in the welcome section.



Emotional Intelligence


Read *Breath Like a Bear*, introduction & pp. 3–5, “Candle Breath”

Practice this skill this week. Once mastered, have your learner add the badge to their calming skills chart



. This chart can be referenced when a need to calm their mind and or body arises.

Read *A Whole Bunch of Feelings*, p. 92, “Feelings, Feelings, Feelings”

Discuss how people in your family handle their feelings differently. We will be exploring new feelings each week. We will eventually be identifying our feelings each morning and discussing how we own them and work with them and adding them to our chart .



Read instruction cards for *I Heard Your Feelings* Conversation Cards; complete 1 card



Weekly Inquiry

Read *Nature’s Wonders*, p. 72, “A Beaver’s Work”

Use each weekly inquiry question as a starting point to visit your local library and learn more if interest is present. This habit will develop a learner’s drive to seek information when topics pique their interest and support self-directed education.



Literature, Literacy & Poetry

Read *Outside Your Window*, p. 59, “Dens”

Read *Daytime Nighttime: All Through the Year* and complete sorting 



Art

Art Lab for Little Kids, p. 134, “Branch Weavings”

Challenge: Take a walk prior to collect materials. Create a beaver dam–inspired art piece.



Math

Preschool Math at Home, pp. 9–20, complete 1.1: Count Five Toys in a Line, p. 21

Socks Are Like Pants, pp. 9–12 (variations located on pp. 16–17)



Science

A Little Bit of Dirt, p. 26, Decorated Sticks

Use your decorated sticks to create a miniature shelter that might belong to an animal you read about this week.





Connections Project




Project Prep & My Habitat

The Connections Yearlong Project will be in the form of a book, which will be bound with yarn at the end of the year. Most weeks your learner will be exploring the weekly concepts and deepening understanding by applying their learning to themselves and their world. They will be relating the weekly theme to themselves (self-reflection) by adding art, writing, and a photo journal of activities to their book to create a prized memento of their year of learning. You will need watercolor paper (approximately 16–18 sheets), a hole punch, writing and art supplies, and a small bit of yarn at the end of the year to bind the book.



This week's project is to have your learner create a representation of their habitat. This can be drawn, painted, or built from recycled or natural materials (then photographed and added to a page titled "My Habitat"). Discuss what makes their habitat special (special features of your home or their bedroom). What needs does their habitat meet that are unique to humans or to themselves? If they could choose three words to describe their habitat, what would they be? Scribe these words for them, or lightly write them and have them trace your letters.

Animals Habits & Habitats Enrichment Extensions


Bedtime Story Extension

-  *'Twas the Day before Zoo Day*
-  *Welcome Home Beaver*
-  *I See a Kookaburra!*

Games/Materials

-  Zoo-rific
-  Eeboo Animal Memory Game
-  Eeboo Life on Earth Memory Game




Music

-  In the Dark of Night—Caspar Babypants

Video

-  Daniel Tiger: Daniel Visits the Doctor
-  Daniel Tiger: Daniel Learns about Empathy (139)
-  Daniel Tiger: Nighttime in the Neighborhood (212)
-  Daniel Tiger: Daniel's Day of Many Feelings (219)
-  "[Emotions](#)" StoryBots Super Songs Ep. 8
-  Wild Kratts: Googly-eye The Night Guru (139)

Apps

-  Daniel Tiger for Parents
-  Avokiddo Emotions
-  Me: A Kid's Diary by Tinybop





Week 1: Torchlight Diurnal & Nocturnal Sorting

Cut out the creatures on the following page. Sort them into their correct category.



